



JAMESGORRY

HEALTH & SAFETY

KEYNOTE AND MOTIVATIONAL SPEAKER

A black and blue wheelchair is shown from a side-rear perspective. The wheelchair has a black frame, blue spokes, and black tires. A black seat is mounted on the frame. A black strap with the word 'SUB' in white letters is attached to the frame. The text 'CHOICES LEAD TO CONSEQUENCES AND WE HAVE TO LIVE WITH THEM' is overlaid in red on a semi-transparent grey background.

**Choices lead to
consequences and we have
to live with them**



The day it all changed

15th October 2005

3 months of **intensive care**
4 weeks on **life support**





List of injuries

- Cracked skull and brain swelling
- Multiple rib fractures – 14 in total
- Multiple spinal fractures 0 including T11 (complete)
- Both lungs half filled with blood
- Brain injury
- Multiple blood transfusions





Spinal Injuries

- I sustained a complete severance of the T11 vertebrae
 - T11 is the eleventh thoracic vertebrae
 - Causes leg paralysis and loss of feeling below umbilicus





My Story...





But Life Goes On...





Your reward for working safely **TODAY**
Is waiting for you **AT HOME**





My Latest Journey...





One for the road ...

**Rules are there for a
reason!**

**Breaking them have
got life changing
consequences!**



Thank you for your time today

I will now take questions



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